

Premarital Counseling Questions

Please take the time to answer these questions on your own. During the premarital counseling sessions, we will review both of your answers together. Be as honest as you can, it is best to identify your strengths and weaknesses as a couple before the wedding day.

Section 1 – Spirituality and Religion

Question 1: How will you exercise your spiritual/religious beliefs?

Question 2: Are you and your partner’s spiritual/religious beliefs similar or different? Does this create problems or strengthen your relationship?

Question 3: If you have children, will they be raised in a religion? How do you plan to do this?

Question 4: How does your spirituality affect your relationship with your partner?

Section 2 – Communication

Question 1: During an argument, how do you communicate your feelings with your partner?

Question 2: During an argument, how does your partner communicate their feelings to you?

Question 3: Do you feel as though your partner listens to you? If your answer is no, how would you like them to improve on this?

Question 4: When an argument arises, do you and your partner come to an agreement? Does one of you always win the argument?

Question 5: Have you and your partner ever left a conflict unresolved? If so, what was the conflict about?

Section 3 – Personality

Question 1: What is your Myers Briggs personality type? Take the test online at: <http://www.humanmetrics.com/cgi-win/jtypes2.asp> and write your results below

Section 4 – Marital Expectations

Question 1: Is your partner responsible for your happiness? How does he/she do this?

Question 2: If you could change one thing about your partner, what would it be?

Question 3: If your partner could promise you that one thing about them would never change, what would that be?

Section 5 – Finances

Question 1: Will you be sharing a joint bank account or keeping separate bank accounts after you're married? How did you come to this decision?

Question 2: Do you have outstanding debt? How much? Does your partner know about this?

Question 3: How will you make financial decisions after you're married?

Section 6 – Family Planning

Question 1: Do you plan to have children? If so, how many?

Question 2: If you are unable to have children, what would that do to your marriage? How would this affect your marriage? What other options would you consider?

Question 3: How were you raised as a child? What parenting styles will you or will you not imitate from your parents?

Section 7: Marital Roles

Question 1: What will your responsibilities be around the house?

Question 2: What will your partner's responsibilities be around the house?

Question 3: Are your responsibilities equal? If not, how should this change?

Question 4: What do you do during your leisure time? How much of your leisure time is spent with your partner? How much of your leisure time do you spend with other people besides your partner?

Question 5: What is your favorite leisure activity to do with your partner?
